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# Building lasting capacity in CSOs

## through innovative training and learning approaches

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## INTRAC capacity building services



### INTRAC capacity building services

- **Open training in Oxford (3 or 5 days)**
- **In-house and tailor-made capacity building support (from 2 hours to multi-year)**
- **Online, face-to-face, blended**

## INTRAC approach to capacity building

**1. Capacity building for what?** Interview stakeholders, clarify change, identify obstacles and enablers, manage expectations, negotiate objectives and strategies

## **2. Strategies**

Train

Coach/mentor

Action learning/action research

Catalyse change

## Two examples of alternatives to traditional training short courses

- C4C: an 18 months blended learning programme
- Online support for Sustainability of UICC grantees

